How to change gear

- Right foot, ease off the gas pedal
- Left foot depress the clutch fully
- Left hand select the appropriate gear
- Left foot smoothly release the clutch fully
- Right foot, apply the gas pedal

The palming method

When changing gears always look ahead and never at the gear stick.
For gears 1 & 2, place your left hand on the gear and palm *away* from you
For gears 3 & 4, place your left hand on the gear and palm *flat* on top
For gears 5 & 6, place your left hand on the gear and palm *towards* you

*Easy way to remember where the gears are!!*
Odd number are forward and even number to the rear