

Learning Style Questionnaire

Name: _____

Answer each question with your **most likely** response by either ticking or circling your answer. Simply add the number of responses in each column in the totals box. The highest the number indicates you preferred learning style. Your driving instructor can use this information to tailor your lessons to suit your individual style.

	Question	Visual = seeing & reading	Auditory = listening & speaking	Kinesthetic/physical = touching & doing
1	When operating new equipment for the first time I prefer to	read the instructions	listen to or ask for an explanation	have a go and learn by 'trial and error'
2	When cooking a new dish I..	follow a recipe	call a friend for explanation	follow my instinct, tasting as I cook
3	To teach someone something I..	write instructions	explain verbally	demonstrate and let them have a go
4	I tend to say..	"show me"	"tell me"	"let me try"
5	When complaining about faulty goods I tend to..	write a letter	phone	go back to the store, or send the faulty item to the head office
6	I prefer these leisure activities	museums or galleries	music or conversation	physical activities or making things
7	When shopping generally I tend to..	look and decide	discuss with shop staff	try on, handle or test
8	When choosing a new car I...	read the reviews	discuss with friends	test-drive what you fancy
9	When learning a new skill	I watch what the teacher is doing	I talk through with the teacher exactly what I am supposed to do	I like to give it a try and work it out as I go along by doing it
10	When anxious, I..	visualise the worst-case scenarios	talk over in my head what worries me most	can't sit still, fiddle and move around constantly
	Totals			

Your preferred learning style =

Likes:

Dislikes: