Learning Style Questionnaire

Name: ______________________

Answer each question with your most likely response by either ticking or circling your answer. Simply add the number of responses in each column in the totals box. The highest the number indicates you preferred learning style. Your driving instructor can use this information to tailor your lessons to suit your individual style.

<table>
<thead>
<tr>
<th>Question</th>
<th>Visual = seeing &amp; reading</th>
<th>Auditory = listening &amp; speaking</th>
<th>Kinesthetic/physical = touching &amp; doing</th>
</tr>
</thead>
<tbody>
<tr>
<td>1  When operating new equipment for the first time I prefer to...</td>
<td>read the instructions</td>
<td>listen to or ask for an explanation</td>
<td>have a go and learn by 'trial and error'</td>
</tr>
<tr>
<td>2  When cooking a new dish I..</td>
<td>follow a recipe</td>
<td>call a friend for explanation</td>
<td>follow my instinct, tasting as I cook</td>
</tr>
<tr>
<td>3  To teach someone something I..</td>
<td>write instructions</td>
<td>explain verbally</td>
<td>demonstrate and let them have a go</td>
</tr>
<tr>
<td>4  I tend to say..</td>
<td>&quot;show me&quot;</td>
<td>&quot;tell me&quot;</td>
<td>&quot;let me try&quot;</td>
</tr>
<tr>
<td>5  When complaining about faulty goods I tend to..</td>
<td>write a letter</td>
<td>phone</td>
<td>go back to the store, or send the faulty item to the head office</td>
</tr>
<tr>
<td>6  I prefer these leisure activities</td>
<td>museums or galleries</td>
<td>music or conversation</td>
<td>physical activities or making things</td>
</tr>
<tr>
<td>7  When shopping generally I tend to..</td>
<td>look and decide</td>
<td>discuss with shop staff</td>
<td>try on, handle or test</td>
</tr>
<tr>
<td>8  When choosing a new car I...</td>
<td>read the reviews</td>
<td>discuss with friends</td>
<td>test-drive what you fancy</td>
</tr>
<tr>
<td>9  When learning a new skill</td>
<td>I watch what the teacher is doing</td>
<td>I talk through with the teacher exactly what I am supposed to do</td>
<td>I like to give it a try and work it out as I go along by doing it</td>
</tr>
<tr>
<td>10 When anxious, I..</td>
<td>visualise the worst-case scenarios</td>
<td>talk over in my head what worries me most</td>
<td>can't sit still, fiddle and move around constantly</td>
</tr>
</tbody>
</table>

Totals

Your preferred learning style =

Likes:  

Dislikes: